

Cannabis Oil Slides into Home

If you keep abreast of current trends you must have heard the recent buzz about Cannabis oil. Hemp products including CBD oil were federally legalized via the Hemp Farming Act of 2018. Many states have now legalized medical and/or recreational marijuana, and more are expected to follow. Getting up to speed on the industry's progress is simple.

CBD products exploded onto the market when the US Farm Bill legalized industrial hemp. CBD has become available at drug stores, gas stations, and even pet stores as benefits of CBD Oil for our furry friends came to light. As CBD becomes a mainstream product, consumers are raising questions in an effort to find out more.

What is CBD Oil?

Cannabidiol (CBD), also known as Cannabis oil or CBD oil, is one of many chemical compounds of the hemp plant. Over 100 types of cannabinoids, with a variety of therapeutic benefits, are derived from the Cannabis plant. CBD oil may only legally contain a minuscule amount of THC, the substance that creates a high. Therefore, CBD does not initiate a high or a buzz.

What are its benefits?

CBD has been reported to help with anxiety and schizophrenia symptoms, along with alleviating many forms of bodily pain. The most prevalent evidence to support the use of the oil is as an epilepsy treatment. Only one CBD-derived drug has been approved by the FDA, Epidiolex, for use with severe forms of epilepsy.

How is it administered?

Many forms of CBD oil exist including edibles, taken internally, and topicals, applied to the skin. Edibles are available as pills, capsules and gummies. Several oils are placed under the tongue to be absorbed into the bloodstream. Topicals oils, lotions and creams are applied to the skin, hair and nails.

Is CBD oil legal?

The 2018 Farm Act, known as The Farm Bill, legalized hemp. Hemp is cannabis that contains less than 0.3% THC. THC is the Cannabis derivative that induces a high. Cannabis with higher levels of THC, marijuana, remains illegal federally but has been legalized in several states.

The Unprecedented Cannabis Café

California has unveiled the first-ever Cannabis Café in West Hollywood. The owners, Lowell Farms Company, have been growing high quality, organic marijuana since it was legalized in California. They made great strides for the industry by advertising during the NFL's biggest game and hosting local events in their community. Lowell Farms Cannabis Café is a natural next step in expanding the Cannabis industry, from retail to culinary.

The Café is will be a modern, indoor/outdoor oasis in a lush garden setting. Lowell Café has enlisted the talent of renown chef Andrea Drummer, a pioneer in the culinary and Cannabis oil industries. For several years she has been serving Cannabis-infused dinners from a creative, one-of-a-kind menu to rave reviews across the country.

The Lowell Café menu will not be Cannabis-infused but will be a locally sourced, organic, farm-to-table dining experience with Cannabis oil edibles available. A Tableside Flower Service will provide guests with an experienced guide to navigate the menu and explain the benefits and origins of various Cannabis strains and edibles available.

Lowell Farms Cannabis Café will continue to expand its services. Sunday Brunch and live music are planned, as are comedy nights and other entertainment options. Lowell Cannabis Cafe will continue offering retail items while creating a dining experience to be remembered.

Lowell Farms grows Cannabis organically using only natural materials, enlisting small, family-owned farms in Santa Barbara County and beyond. A variety of retail products are available on their website at LowellFarms.com. Make note of the name, Lowell Farms, and visit the one and only Cannabis Café soon.